

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
1 Ceramics 12:15	2 Breakfast 8:30 LSI @ Central	3 	4 Crafts 10:15 AARP Mtg 12:15	5 Breakfast 8:30 Mental Health Talk 11:45 Ceramics 12:15
8 Sundae Monday 12 Noon Ceramics 12:15	9 VNS 8:00 Breakfast 8:30 LSI @ Central	10 	11 Crafts 10:15	12 Breakfast 8:30 Ceramics 12:15
15 Ceramics 12:15	16 Breakfast 8:30 LSI @ Central	17 Birthday's! White Elephant BINGO 12:15	18 Blood Pressure Crafts 10:15	19 Breakfast 8:30 Ceramics 12:15
22 Jeopardy! 10:30 Ceramics 12:15	23 Breakfast 8:30 LSI @ Central	24 	25 Crafts 10:15 SMP 11:45	26 Breakfast 8:30 Baseball 10:45 Ceramics 12:15
29 Nutrition Ed Talk Ceramics 12:15	30 Breakfast 8:30 LSI @ Central Shuffleboard Tourney 10:30	31 	<b>AUGUST 2016 CENTRAL SENIOR CENTER</b> <b><i>We as a center are not complete until you get here!</i></b> <b>515-286-3677</b>	