

Polk County Advisory Board of Health Minutes

September 16, 2016

Members present: Donald Anderson, Thomas Newton, Reylon Meeks, Anne Bacon, Bobbretta Brewton

Members absent:

Agenda Items	Summary
<u>Approval of Minutes</u>	<ul style="list-style-type: none"> • August Minutes approved
<u>Pick a Better Snack</u> <i>By Lyn Jenkins</i>	<ul style="list-style-type: none"> • Grant Funded for Promotion and Education • Funds allow support nutrition education in schools with 60% or more students enrolled in free/reduced priced lunches. <ul style="list-style-type: none"> • 30 schools qualify • Each month features a fruit or vegetable <ul style="list-style-type: none"> • 2015-2016 Local zucchini, sweet potato sticks and chips, Kiwi, Garbanzo beans and hummus, Pineapple, Sugar Snap Peas, Peach Kefir and spinach grown in the classroom • Farm education to teach the students where the food comes from, after school programs, preschool programs, school gardens and summer programs • October is Farm to School Month <ul style="list-style-type: none"> • Only school district in Iowa to receive a Farm to School grant from the USDA for the 2015-2016 school year • Grant supports the creation of comprehensive, district-wide farm to school goals and strategies to increase local food purchases, school gardens and nutrition education and promotion
<u>Public Health Director Report (written report + comments)</u> <i>By Rick Kozin</i>	<ul style="list-style-type: none"> • IDPH has selected VNS as the Maternal Health Provider • Professor from Simpson will be doing research in 3 topics for the Health Department • Opiate Overdose is being labeled as a Public Health Epidemic <ul style="list-style-type: none"> • What role does the Health Dept. have? <ul style="list-style-type: none"> ▪ Public awareness ▪ Thomas- cut down the prescribed pills so people are moving the heroin. Prescriptions written are incredibly higher than 15 years ago
<u>Board of Health/Board of Supervisors Action Review (written report + comments)</u> <i>By Rick Kozin</i>	<ul style="list-style-type: none"> • Nothing added beyond the written report.
<u>Community Health Screenings</u> <i>By Kari Lebeda Townsend and Kristina Grier</i>	<ul style="list-style-type: none"> • Community Screenings 2015-2016 (Kristina) <ul style="list-style-type: none"> • Urbandale Food Pantry- 24 Wednesday, every other Wednesday's 10-12, provides blood pressure, blood glucose screening and education • Senior Services Health Fair- in May at the Iowa State Fairgrounds, blood pressure, glucose and education <ul style="list-style-type: none"> ▪ 82 screened • Bass Pro Shop- blood pressure and education <ul style="list-style-type: none"> ▪ 22 blood pressures done • Free Medical Screening @ Epworth Church- blood pressure, heights, weight, BMI, total lipid panel <ul style="list-style-type: none"> ▪ 113 screened ▪ 67 flu shots given • Kids Fest- Education

	<ul style="list-style-type: none"> ▪ 46 adults and 639 children • DMU Health and Wellness Fair- Education • Health Woman Program 2015-2016 (Kari) <ul style="list-style-type: none"> • Funding- Care for Yourself, WISEWOMAN, Susan G. Komen of Iowa and National, Bras for the Cause • Care for Yourself <ul style="list-style-type: none"> ▪ 40-64 years of age, 65 years old or older and not in Medicare Part B, Under 40 years of age with a breast lump or other signs of breast cancer, <250% of Federal income guidelines, and no insurance or under insured ▪ Services- Office visit, clinical breast exam, pap test, Mammogram, limited diagnostic testing, short/long term follow-up and case management • Susan G. Komen <ul style="list-style-type: none"> ▪ Services- Mammogram, diagnostic imaging, case management, patient navigation and outreach • Bras for the Cause <ul style="list-style-type: none"> ▪ Services- Mammogram and diagnostic imaging • Number of Participants serviced in FY15/16 1,499
<u>Health Planning and Education Update</u> (written report and comments) <i>By Tammy Keiter</i>	<ul style="list-style-type: none"> • Talking with other organizations about what the Health Department does • Visited with IMPACT about their Fan program
<u>Communicable Disease Update</u> <i>By Kari Lebeda Townsend</i>	<ul style="list-style-type: none"> • New Screening BioFire <ul style="list-style-type: none"> • Test for multiple causes of diarrhea illnesses • %30 plus negative results • Increases number of cases we are seeing
<u>Committee Member Comments</u>	<ul style="list-style-type: none"> • None
<u>Public Comments</u>	<ul style="list-style-type: none"> • None
<u>Adjournment</u>	9:45

Next Meeting October 21, 2016 at 8:30

Others present:

Rick Kozin, PCHD

Tammy Keiter, PCHD

Kari Lebeda-Townsend, PCHD

Mandy Penning, PCHD

Kristina Grier, PCHD

Lyn Jenkins, DMPS

Betsy Matos, DMU

Cari Spear, VNS