

November

Meals are called in by 1pm the day before For Reservations please call 274-0373

	<p style="text-align: right;">1</p> <p>Bingo 10:15 Cards after lunch</p> <p>LUNCH 11:30</p>	<p style="text-align: right;">2</p> <p>History Class 9:45-11:00 Exercise 11:15 Cards after Lunch</p> <p>Lunch 11:30</p>	<p style="text-align: right;">3</p> <p>Bingo 10:15 Knitting Class 12:15 – 2:00 Cards after lunch</p> <p>LUNCH 11:30</p>	<p style="text-align: right;">4</p>  <p>Lunch 11:30</p>
<p style="text-align: right;">7</p> <p>Exercise 11:15 Ceramics 9:30 Current Events 9:45-11:00</p>  <p>LUNCH 11:30</p>	<p style="text-align: right;">8</p> <p>Come and enjoy the fun David and Elli WInchester Cards after lunch Don't forget to VOTE!!!!</p> <p>LUNCH 11:30</p>	<p style="text-align: right;">9</p> <p>History Class 9:45-11:00 Exercise 11:15 Cards after lunch</p> <p>LUNCH 11:30</p>	<p style="text-align: right;">10</p> <p>Knitting Class 12:15 – 2:00 Cards after lunch</p> <p>Bingo 10:15</p> <p>Lunch 11:30</p>	<p style="text-align: right;">11</p> <p>CLOSED for Veterans Day!!!</p> 
<p style="text-align: right;">14</p> <p>Exercise 11:15 Ceramics 9:30 Current Events 9:45-11:00 LUNCH 11:30</p>	<p style="text-align: right;">15</p> <p>Bingo 10:15 Cards after lunch</p>  <p>LUNCH 11:30</p>	<p style="text-align: right;">16</p> <p>History Class 9:45-11:00 Exercise 11:15 Foot Clinic Cards after lunch Birthday's</p> <p>LUNCH 11:30</p>	<p style="text-align: right;">17</p> <p>Iowa Country Oprey Band</p> <p>Cards after Lunch Knitting Class 12:15 – 2:00</p> <p>LUNCH 11:30</p>	<p style="text-align: right;">18</p> <p>Fresh Conversations 10:00</p>  <p>LUNCH 11:30</p>
<p style="text-align: right;">21</p> <p>Exercise 11:15 Ceramics 9:30 / Blood Pressure Current Events 9:45-11:00</p>  <p>LUNCH 11:30</p>	<p style="text-align: right;">22</p> <p>Bingo 10:15 Cards after lunch</p>  <p>LUNCH 11:30</p>	<p style="text-align: right;">23</p> <p>History Class 9:45-11:00 Exercise 11:15 Cards after lunch</p>  <p>Lunch 11:30</p>	<p style="text-align: right;">24</p> <p>CLOSED FOR THANKSGIVING!!!!!!</p> 	<p style="text-align: right;">25</p> <p>CLOSED FOR THE HOLIDAYS!!!! ENJOY THE TURKEY LEFTOVERS!!!!</p> 
<p style="text-align: right;">28</p> <p>Exercise 11:15 Ceramics 9:30 Current Events 9:45-11:00 LUNCH 11:30</p>	<p style="text-align: right;">29</p> <p>Bingo 10:15 Cards after lunch</p> <p>LUNCH 11:30</p>	<p style="text-align: right;">30</p> <p>History Class 9:45-11:00 Exercise 11:15 Cards after lunch</p> <p>LUNCH 11:30</p>	<p>WESTSIDE SENIOR CENTER 134TH 6TH STREET WEST DES MOINES, IA 50265 274-0373</p>	<p>Mary Clare Cox, Supervisor Linda Mason, Program Aide COME AND JOIN US for some FOOD, FUN & FRIENDS</p>

