

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 LSI @ Central Breakfast 8:30-10:00	2 Bingo 12:15	3 Crafts 10:15 Diabetes Class 10:30-11:30 AARP Mtg 12:15	4 Breakfast 8:30-10 Mental Health Talk 11:15 Ceramics 12:15
7 Ceramics 12:15	8  VNS 8 Breakfast 8:30-10:00	9 Bingo 12:15 Nut. Ed 11:45	10 LSI @ Central Crafts 10:15 Diabetes Class 10:30-11:30	11 Closed for Veteran's Day 
14 SMP Talk 11:45 Ceramics 12:15	15 LSI @ Central Breakfast 8:30-10:00	16 Bingo 12:15	17 Crafts 10:15 LSI @ Central Shuffleboard Tournament	18 Breakfast 8:30-10 Ceramics 12:15
21 Turkey Bowl 11:00 Ceramics 12:15	22 LSI @ Central Breakfast 8:30-10:00	23 Bingo 12:15	24 Closed For Thanksgiving 	25 Closed For Thanksgiving
28 Ceramics 12:15	29 LSI @ Central Breakfast 8:30-10:00	30 Bingo 12:15	CENTRAL SENIOR CENTER NOVEMBER Give us a call at 286-3677 for more information!	