

Resources for Mental Health And Addiction

Crisis

Emergency	911
Note: Mobile Crisis Team Available through the Police	
Community Information	211
Teen Line	1-800-443-8336
Statewide Crisis Line	1-800-332-4224
Suicide Prevention Lifeline	1-800-273-Talk (8225)
Veteran Administration Crisis	press "1"
Adult Child Protective Services (Abuse Services)	1-800-362-2178
Domestic Abuse Hot Line	1-800-942-0333
Polk County Crisis & Advocacy	515-286-3600
Iowa Statewide Sexual Abuse Hotline	1-800-284-7821
*Broadlawn Medical Center Crisis Team	515-282-5752
Mental Health Services	515-282-5750
*Lutheran Crisis: Mental Health Access Center	515-263-5249
Counseling and Psychiatry Clinic	515-241-2300
*Mercy Franklin Crisis: Help Center	515-271-6111
Mercy Franklin Behavioral Health	515-271-6000
Gambling Hotline	1-800-BETSOFF (238-7633)
Narcotics Hotline	515-244-2277
Alcoholics Anonymous Hotline	515-282-5550
Youth Emergency Shelter & Services meeting	515-282-9377
United Way	515-244-1010

*If you are interested in mental health commitment information contact your local clerk of court or any of the above hospitals.

*Each hospital has mental health counseling and substance abuse counseling available.

For additional resources, call 211 or go to www.vnsdm.org for a community resource directory.

Notes:

Mental Health Counseling

Eyerly Ball Community Mental Health Services _____	515-243-5181
Orchard Place/Child Guidance Center _____	515-244-2267
Mosaic _____	515-246-1840
Employee & Family Resources Counseling/Education _____ 1-800-327-4692 or	515-244-6090
Des Moines Pastoral Counseling Center _____	515-274-4006
Children & Families of Iowa _____	515-288-1981
Catholic Charities _____	515-244-3761
Lifeworks Counseling Services _____	515-255-8399

Education/Support

National Alliance on Mental illness-Iowa (NAMI Iowa) _____	515-254-0417
NAMI Greater Des Moines _____	515-277-0672
Ask Resource Center _____	515-243-1713
Iowa Coalition against Domestic Violence _____	515-244-8028
Iowa Coalition against Sexual Assault _____	515-244-7424
MECCA (substance abuse/gambling counseling) _____	515-262-0349
American Lung Association of Iowa _____	515-278-5864
Iowa Safe Schools (GLBT support) _____	515-243-1221
United Way of Central Iowa _____	515-246-6500
Al-Anon _____	515-277-5059
Overeater Anonymous _____	515-255-0444
Family Directions of Iowa (family/parenting support) _____	515-255-9490
Senior Services-Polk County Health Department _____	515-286-3679
Young Women's Resources Center _____	515-244-4901
Primary Healthcare Outreach _____	515-248-1500

Disclaimer: This List is not meant to be all-inclusive of the resources available in our community and is provided for your convenience in locating services for students, families, and clients.