

Is it COVID-19, Flu, Cold or Allergies?

Most common symptoms for each illness

Symptoms	COVID-19	Flu	Cold	Allergies
Fever	Common	Common	Rare	Sometimes
Cough	Common	Common	Common	Sometimes
Headache	Sometimes	Common	Rare	Sometimes
Body aches	Sometimes	Common	Common	No
Fatigue (tired)	Sometimes	Common	Sometimes	Sometimes
Sore throat	Sometimes	Sometimes	Common	No
Shortness of breath	Sometimes in more serious infections	No	No	Common
Sneezing	Rare	No	Common	Common
Stuffy nose	Rare	Sometimes	Common	Common
Diarrhea	Rare	Sometimes	No	No

Information provided by Centers for Disease Control and Prevention, World Health Organization and Advent Health