



MONTHLY CALENDAR JULY 2019

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| <p>1 Pool 9:00-3:00 Exercise 9:00-11:00 Bingo 12:00-12:30 BLOOD PRESSURE</p> | <p>2 Pool 9:00-3:00 Exercise 9:00-11:00</p> | <p>3 ANN(VISITING NURSE) Mike Kendal (Senior Counselor) Pool 9:00-3:00 Exercise 9:00-11:00</p> | <p>4 CLOSED </p> | <p>5 Pool 9:00--3:00 Exercise 9:00-11:00 Cards 12:15-4:00 Mah-Jongg 1:00-3:00 BINGO 12:-12:30</p> |
| <p>8 Pool 9:00-3:00 Exercise 9:00-11:00 Bingo 12:00-12:30</p> | <p>9 Pool 9:00-3:00 Exercise 9:00-11:00</p> | <p>10 Pool 9:00-3:00 Exercise 9:00-11:00</p> | <p>11 Pool 9 :00-3:00 Exercise 9:00-11:00 CHAIR YOGA 11:00-11:20 PUMPKIN PIE</p> | <p>12 Pool 9:00-3:00 Exercise 9:00-11:00 Cards 12:15-4:00 Mah Jongg 1:00-3:00 BINGO 12:00-12:30</p> |
| <p>15 Pool 9:00-3:00 Exercise 9:00-11:00 Bingo 12:00-12:30</p> | <p>16 Pool 9:-3:00 Exercise 9:00-11:00</p> | <p>17 Pool 9:00-3:00 Exercise 9:00-11:00</p> | <p>18 Pool 9:00-3:00 Exercise 9:00-11:00 CHAIR YOGA 11:00-11:20 BLUEBERRY PIE</p> | <p>19 Pool 9:00-3:00 Exercise 9:00-11:00 Cards 12:15-4:00 Mah Jongg 1:00-3:00 Bingo 12:00-12:30 TIM FOOT NURSE</p> |
| <p>22 Pool 9:00-3:00 Exercise 9:00-11:00 Bingo 12:00-12:30</p> | <p>23 Pool 9:00-3:00 Exercise 9:00-11:00</p> | <p>24 Pool 9:00-3:00 Exercise 9:00-11:00</p> | <p>25 Pool-9:00-3:00 Exercise 9:00-11:00 DAVID & ELLIE WINCHESTER 10:30 DUCTCH APPLE PIE</p> | <p>26 Pool 9:00-3:00 Exercise 9:00-11:00 Cards 12:15-4:00 Mah Jongg 1:00-3:00 BINGO 12:00-12:30 TIM FOOT NURSE</p> |
| <p>29 Pool 8:00-3:00 Exercise 9:00-11:00 Bingo 12:00-12:30</p> | <p>30 Pool 9:00-3:00 Exercise 9:00-11:00</p> | <p>31 Pool 9:00-3:00 Exercise 9:00-11:00</p> | <p>BUS # 283-8136 </p> | <p>MAUREEN & MARY 406 SW SCHOOL ST ANKENY IA 50021 ROOM 106 963-0527</p> |