

**Northside
Community Center**
3010 6th Ave
Des Moines, IA 50313
288-1524

JULY 2019

Supervisor
Sara Baratta
Program Aide
Nicole Ledvina

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Live 2B Healthy Exercise 9:30 Little Mo Wii Bowling 9:15</p> <p>Social Bridge 12:30 Movie and Popcorn 1:00</p>	<p>2</p> <p>Tai Chi 9:30 Adult Coloring 10:15</p> <p>Karaoke 12:30</p>	<p>3</p> <p>Live 2B Healthy Exercise 9:30 SMP News</p> <p>Crochet Club 12:30 Line Dancing 12:30</p>	<p>4</p> <p>CLOSED <i>happy 4th of July</i></p>	<p>5</p> <p>Nine Ball 9:00 Live 2B Healthy Exercise 9:30 Bingo 10:00 <i>Friday Floats! \$1</i> Jam Session 12:30</p>
<p>8</p> <p>Live 2B Healthy Exercise 9:30</p> <p>Social Bridge 12:30 Movie and Popcorn 1:00</p>	<p>9</p> <p>Mo's Mixed Doubles Wii Bowling 9:15 Tai Chi 9:30 Adult Coloring 10:15 Senior Outreach Counseling Karaoke 12:30</p>	<p>10</p> <p>Live 2B Healthy Exercise 9:30 Fresh Conversations 11:00</p> <p>Crochet Club 12:30 Line Dancing 12:30</p>	<p>11</p> <p>Pumpkin Crafts 9:30 Carlos Acosta Entertains 10:15 Mercy Students Blood Pressures 10:30-12:00 Cribbage 12:30 Bags 12:30</p>	<p>12</p> <p>Eight Ball 9:00 Live 2B Healthy Exercise 9:30 Bingo 10:00 <i>Friday Floats! \$1</i> Jam Session 12:30 Little Mo Wii Golf 12:30</p>
<p>15</p> <p>Live 2B Healthy Exercise 9:30 Little Mo Wii Bowling 9:15</p> <p>Social Bridge 12:30 Movie and Popcorn 1:00</p>	<p>16</p> <p>Tai Chi 9:30 Adult Coloring 10:15</p> <p>Karaoke 12:30</p>	<p>17</p> <p>Live 2B Healthy Exercise 9:30</p> <p>Crochet Club 12:30 Line Dancing 12:30</p>	<p>18</p> <p>Blueberry NO Crafts Jerry & Kay Briggs Entertain 10:15</p> <p>Cribbage 12:30 Bags 12:30</p>	<p>19</p> <p>Nine Ball 9:00 Live 2B Healthy Exercise 9:30 Bingo 10:00 <i>Friday Floats! \$1</i> Jam Session 12:30</p>
<p>22</p> <p>Live 2B Healthy Exercise 9:30</p> <p>Social Bridge 12:30 Movie and Popcorn 1:00</p>	<p>23</p> <p>Tai Chi 9:30 Adult Coloring 10:15</p> <p>Karaoke 12:30</p>	<p>24</p> <p>Live 2B Healthy Exercise 9:30</p> <p>Crochet Club 12:30 Line Dancing 12:30</p>	<p>25</p> <p>Dutch Apple Foot Nurse Crafts 9:30 Mike & Don Lane Entertain 10:15 Mercy Students Presentation Cribbage 12:30 Bags 12:30</p>	<p>26</p> <p>Eight Ball 9:00 Blood Pressures 9:30-11:30 Live 2B Healthy Exercise 9:30 Bingo 10:00 <i>Friday Floats! \$1</i> Jam Session 12:30 Little Mo Wii Golf 12:30</p>
<p>29</p> <p>Live 2B Healthy Exercise 9:30</p> <p>Social Bridge 12:30 Movie and Popcorn 1:00</p>	<p>30</p> <p>Tai Chi 9:30 Adult Coloring 10:15</p> <p>Karaoke 12:30</p>	<p>31</p> <p>Live 2B Healthy Exercise 9:30</p> <p>Crochet Club 12:30 Line Dancing 12:30</p>		