


July 2019

SOUTHSIDE SENIOR CENTER ACTIVITIES – 515-287-0092

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>8:15 Fitness Class 10:00 Coloring Class 12:15 T. 500 Cards 12:30 Hand & Foot 12:30 Ceramics</p>	<p>2</p> <p>9:30 Arthritis Class 9:30 Blood Pressure 12-2 Mobile food Pantry 12:15 T. 10 Point Pitch 12:30 S. Jailhouse Rummy 12:30 Scrapbooking</p>	<p>3</p> <p>8:15 Fitness Class 10:30 Bingo 12:30 S. 65 12:30 Golden Thread</p>	<p>4</p> <p>Closed for July 4th</p>	<p>5</p> <p>8:15 Fitness Class 10:15 Bingo 10:45 Fresh Conversations 12:30 T. Cribbage 12:30 S. Players Choice</p>
<p>8</p> <p>8:15 Fitness Class 10:00 Coloring Class 12:15 T. 500 Cards 12:30 Hand & Foot 12:30 Ceramics</p>	<p>9</p> <p>9:30 Arthritis Class 11:00 Site Council - Elections 12:15 T. 10 Point Pitch 12:30 S. Jailhouse Rummy 12:30 Scrapbooking</p>	<p>10</p> <p>8:15 Fitness Class 10:30 Bingo 12:30 S. 65 12:30 Golden Thread</p>	<p>11</p> <p>9:00 Adult Health Foot Care 9:00 Chair Yoga 10:00 Craft Class 10:30 Mercy Students - BP's 12:30 Line Dance 12:30 T. Double Pinochle 12:30 S. Shanghai</p>	<p>12</p> <p>8:15 Fitness Class 10:30 Bingo 12:30 T. Cribbage 12:30 S. Players Choice</p>
<p>15</p> <p>8:15 Fitness Class 10:00 Coloring Class 12:15 T. 500 Cards 12:30 Hand & Foot 12:30 Ceramics</p>	<p>16</p> <p>9:30 Arthritis Class 12-2 Mobile Food Pantry 12:15 T. 10 Point Pitch 12:30 S. Jailhouse Rummy 12:30 Scrapbooking</p>	<p>17</p> <p>8:15 Fitness Class 10:30 Bingo 11:30 Birthdays 12:30 S. 65 12:30 Golden Thread</p>	<p>18</p> <p>9:00 Adult Health Foot Care 9:30 Arthritis Class 10:00 Craft Class 12:30 Line Dance 12:30 T. Double Pinochle 12:30 S. Shanghai</p>	<p>19</p> <p>8:15 Fitness Class 10:30 Bingo 12:30 T. Cribbage 12:30 S. Players Choice</p>
<p>22</p> <p>8:15 Fitness Class 10:00 Coloring Class 12:15 T. 500 Cards 12:30 Hand & Foot 12:30 Ceramics</p>	<p>23</p> <p>9:30 Arthritis Class 12:15 T. 10 Point Pitch 12:30 S. Jailhouse Rummy 12:30 Scrapbooking</p>	<p>24</p> <p>8:15 Fitness Class 10:30 Bingo 12:30 S. 65 12:30 Golden Thread</p>	<p>25</p> <p>9:30 Arthritis Class 10:00 Craft Class 10:30 Mercy Students 12:30 Line Dance 12:30 T. Double Pinochle 12:30 S. Shanghai</p>	<p>26</p> <p>8:15 Fitness Class 10:30 Bingo 12:30 T. Cribbage 12:30 S. Players Choice</p>
<p>29</p> <p>8:15 Fitness Class 10:00 Coloring Class 12:15 T. 500 Cards 12:30 Hand & Foot 12:30 Ceramics</p>	<p>30</p> <p>9:30 Arthritis Class 12:15 T. 10 Point Pitch 12:30 S. Jailhouse Rummy 12:30 Scrapbooking</p>	<p>31</p> <p>8:15 Fitness Class 10:30 Bingo 12:30 S. 65 12:30 Golden Thread</p>		<p>JaNeil Long Site Supervisor Cody Evison Program Aide</p>