

**MLK SENIOR ACTIVITY CENTER AND MEAL SITE**  
**JULY 2019**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>1</b>  <b>Mike Senior Outreach 11:30</b>  Crafts 10:30 Wii Bowling Dominoes	<b>2</b>  <b>Adult Foot Care By Appointment</b>    Wi Bowling Dominoes	<b>3</b>  Wii Bowling Dominoes	<b>4</b>  <b>CENTER CLOSED</b>  	<b>5</b>  Wii Bowling Dominoes    10:30
<b>8</b>  Crafts 10:30 Wii Bowling Dominoes	<b>9</b>  Wii Bowling Dominoes	<b>10</b>  Wii Bowling Dominoes	<b>11</b>  Wii Bowling Dominoes  <b>PIE DAY! PUMPKIN</b>	<b>12</b>  Wii Bowling Dominoes    10:30
<b>15</b>  Crafts 10:30 Wii Bowling Dominoes	<b>16</b>  Wii Bowling Dominoes	<b>17</b>  Wii Bowling Dominoes	<b>18</b>  Wii Bowling Dominoes  <b>PIE DAY! BLUEBERRY</b>	<b>19</b>  Wii Bowling Dominoes    10:30
<b>22</b>  Crafts 10:30 Wii Bowling Dominoes	<b>23</b>  Wii Bowling Dominoes	<b>24</b>  Wii Bowling Dominoes	<b>25</b>  Wii Bowling Dominoes  <b>PIE DAY! DUTCH APPLE</b>	<b>26</b>  Wii Bowling Dominoes    10:30
<b>29</b>  Crafts 10:30 Wii Bowling Dominoes	<b>30</b>  Wii Bowling Dominoes	<b>31</b>  Wii Bowling Dominoes	<b>NUTRITIOUS LUNCH DAILY 11:30</b>  <b>1650 GARFIELD DES MOINES, IA 515-266-5445</b>	<b>SITE COORDINATOR: HOLLIE SUPERVISOR: SAM MCROREY</b>