






















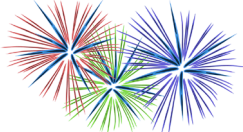


Kristi Carman  
Lisa McDonald



Northwest Community Center  
5110 Franklin Ave. ~ 279-2767  
July Site Activity Calendar

| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY   |
|--|---|--|---|--|
| <p>1</p> <p><b>8:00 Foot Clinic w/ Tim</b><br/>9:45 Live2BHealthy<br/>3:00 Book Club</p>  | <p>2</p> <p>12:30 Live2BHealthy</p>    | <p>3</p> <p>9:45 Exercise Class<br/><b>10:00 NW Needlers</b><br/>11:00 Connie Piano</p>                                   | <p>4</p> <p><b>CENTER CLOSED – 4<sup>th</sup> of JULY</b></p>   | <p>5</p> <p>9:45 Exercise Class<br/>12:15 BINGO<br/><b>1:30 Library movie matinee</b></p>                                     |
| <p>8</p> <p>9:45 Live2BHealthy</p>    | <p>9</p> <p>12:30 Live2BHealthy</p>    | <p>10</p> <p>9:45 Exercise Class<br/><b>10:00 NW Needlers</b><br/>10:00 Blood Pressure Checks<br/>11:00 Connie Piano</p>  | <p>11</p> <p>Pie Day<br/><b>10:00 MERCY STUDENTS</b><br/><b>10:45 Life Center BASEBALL</b><br/>11:40 Elderly Outreach<br/>12:30 Live2BHealthy</p>  | <p>12</p> <p>9:45 Exercise Class<br/><b>12:00 Library Presentation – Apt. Garden by Ted Lare Gardens</b><br/>12:15 BINGO</p>  |
| <p>15</p> <p><b>8:00 Foot Clinic w/ Tim</b><br/>9:45 Live2BHealthy</p>                    | <p>16</p> <p>10:30 Site Council Meeting<br/>12:30 Live2BHealthy<br/><b>Evening Library Presentation – Dr. R. Horton with NASA</b></p>  | <p>17</p> <p>9:45 Exercise Class<br/><b>10:00 NW Needlers</b><br/>11:00 Connie Piano<br/><b>JULY BIRTHDAYS!</b></p>       | <p>18</p> <p>Pie Day<br/>12:30 Live2BHealthy<br/>6:00 p.m. – Medicare Presentation</p>   | <p>19</p> <p>9:45 Exercise Class<br/>12:15 BINGO</p>    |
| <p>22</p> <p>9:45 Live2BHealthy</p>   | <p>23</p> <p>12:30 Live2BHealthy</p>   | <p>24</p> <p>9:45 Exercise Class<br/><b>10:00 NW Needlers</b><br/>11:00 Connie Piano</p>                                | <p>25</p> <p>Pie Day<br/><b>10:00 MERCY STUDENTS</b><br/><b>10:45 Life Center BASEBALL</b><br/>12:30 Live2BHealthy</p>                           | <p>26</p> <p>9:45 Exercise Class<br/><b>10:00 FRESH CONVERSATIONS/Abi &amp; Brian</b><br/>12:15 BINGO</p>                   |
| <p>29</p> <p>9:45 Live2BHealthy</p>   | <p>30</p> <p>12:30 Live2BHealthy</p>   | <p>31</p> <p>9:45 Exercise Class<br/><b>10:00 NW Needlers</b><br/>11:00 Connie Piano</p>                                |    |   |

Lunch is served at 11:30 a.m., Monday through Friday. Don't be late!