



July 2019 Activity Calendar



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>9:30 Exercise</p> <p>11:30 Lunch</p> <p>12:15 500 Tournament</p> 	<p>2</p> <p>11:30 Lunch</p> <p>4th of July Potluck <u>Bring a snack/dessert/etc</u> & wear Red White Or Blue</p>	<p>3</p> <p>9:00 Exercise</p> <p>10:30 Bingo</p> <p>11:30 Lunch/Flex Day</p> 	<p>4</p> <p>CLOSED HAPPY FOURTH OF JULY</p>	<p>5</p> <p>9:30 Exercise</p> <p>10:30 Donation Bingo</p> <p>11:30 Lunch/Flex Day</p> 
<p>8</p> <p>9:30 Exercise</p> <p>10:30 Donation Bingo</p> <p>11:30 Lunch</p> <p>12:15 500 Tournament</p> 	<p>9</p> <p>9:00 Movie & Popcorn</p> <p>11:30 Lunch</p> 	<p>10</p> <p>9:00 Exercise</p> <p>10:30 Bingo</p> <p>10:15 BUSINESS MEETING</p> <p>11:30 Lunch/Flex Day</p>	<p>11</p> <p>10:30 – 11:00 Indoor Bowling NEW</p> <p>11:30 Lunch</p> <p>12:00 Dominoes</p> <p>PIE: Pumpkin Pie</p> <p>Lollipop Day</p> 	<p>12</p> <p>9:30 Exercise</p> <p>10:30 Donation Bingo</p> <p>11:30 Lunch/Flex Day</p>
<p>15</p> <p>9:30 Exercise</p> <p>10:30 Donation Bingo</p> <p>11:30 Lunch</p> <p>12:15 500 Tournament</p>	<p>16</p> <p>9:00 Movie & Popcorn</p> <p>10:30 KARAOKE - NEW</p> <p>11:30 Lunch</p> <p>Ice Cream Cone Day</p>  	<p>17</p> <p>9:00 Exercise</p> <p>10:45 Bingo</p> <p>11:30 Lunch/Flex Day</p> <p>Senior Counselor Mike Kendall</p>	<p>18</p> <p>10:15 to 11:15 – DICE BASEBALL GAME</p> <p>11:30 Lunch</p> <p>12:00 Dominoes</p> <p>PIE Blueberry Pie</p> 	<p>19</p> <p>9:30 Exercise</p> <p>10:30 Donation Bingo</p> <p>11:30 Lunch/Flex Day</p> 
<p>22</p> <p>9:30 Exercise</p> <p>10:30 – 11:00 Entertainment – Tyler Larson, Musician</p> <p>11:30 Lunch</p> <p>12:15 500 Tournament</p> 	<p>23</p> <p>9:00 Movie & Popcorn</p> <p>11:30 Lunch</p> 	<p>24</p> <p>8:00 VNS FOOT CARE</p> <p>10:00 Blood Pressure</p> <p>9:30 Exercise</p> <p>10:30 Bingo</p> <p>11:30 Lunch/Flex Day</p> 	<p>25</p> <p>10:30 Donation Bingo</p> <p>11:30 Lunch</p> <p>12:00 Dominoes</p> <p>PIE: Dutch Apple Pie</p>	<p>26</p> <p>9:30 Exercise NO BINGO</p> <p>Fresh Conversations</p> <p>11:30 Lunch/Flex Day</p> <p>Hot Dog, Chips & Pop Day</p> 
<p>29</p> <p>9:30 Exercise</p> <p>10:30 Donation Bingo</p> <p>11:30 Lunch</p> <p>12:15 500 Tournament</p>	<p>30</p> <p>9:00 Movie</p> <p>10:30 KARAOKE - NEW</p> <p>11:30 Lunch</p> 	<p>31</p> <p>9:00 Exercise</p> <p>10:30 Bingo</p> <p>11:30 Lunch/Flex Day</p> <p>BISCUITS AND GRAVY</p> <p>Senior Fundraiser</p> 	<p>SPECIAL EVENTS IN JULY</p> <p>Bring A Friend Month** See staff of flyer for details Person who brings most new eligible people, wins Gift Card</p> <p>NEW – Indoor Bowling & KARAOKE 7/11 – Lollipop Day</p> <p>16th – Ice Cream Cone Day 26th – Hot Dog, Chips & Pop Day 31st – Bake Sale/ Biscuit & Gravy Fundraiser</p>	

Norwoodville Community Center 3077 NE Broadway Ave
Krystal Simonson, Daiynna Brown or Chelsy Rivera 515-266-5794

Mobile Food Pantry – Every Wednesday from 10:00 to Noon / FREE Community Dinner – Served @ 4:00 p.m.
(First Come/First Served Dine in or Carry Out (bring own To Go containers))

