




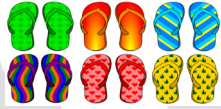







July 2019 ACTIVITY CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Polk City Senior Center 309 Van Dorn, Polk City 515-984-6691 Mary Scaglione Site Coordinator MWF 963-0527	2 11:30 Lunch Senior Counselor Cards	3  Happy 4th of July!	4 4 th of July All sites closed	July Birthstone is the ruby 
8 	9 11:30 Lunch Cards	10 The Liberty Bell has not been rung since 1846	11 11:30 Lunch 12:00 Bingo Blood Pressure Happy Birthday Don!	12 Benjamin Franklin wanted the Turkey as our Nations symbol
15 	16 11:30 Lunch Trivia for Treats Cards	17 National Blueberry Month 	18 11:30 Lunch 12:00 Bingo Foot Nurse	19 
22 	23 11:30 Lunch Cards	24	25 11:30 Lunch 12:00 Bingo	26 National hot dog month! 
29 	30 11:30 Lunch Cards	31	