

Kristi Carman  
Lisa McDonald



Northwest Community Center  
5110 Franklin Ave. ~ 279-2767  
August Site Activity Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 12:30 Live 2B Healthy 10:45 Life Center BASEBALL	2 9:45 Exercise Class 12:15 BINGO
5 8:00 Foot Clinic w/ Tim 9:45 Live 2B Healthy 3:00 Book Club	6 10:00 HAIKU 12:30 Line Dancing 12:30 Live 2B Healthy	7 9:45 Exercise Class 10:00 NW Needlers 11:00 Connie Piano	8 10:30 Site Council Meeting 10:45 Life Center BASEBALL 12:30 Live 2B Healthy <i>Iowa State Fair Begins</i>	9 9:45 Exercise Class 12:15 BINGO
12 9:45 Live 2B Healthy	13 12:30 Live 2B Healthy 12:30 Line Dancing	14 9:45 Exercise Class 10:00 Blood Pressure Checks 10:00 NW Needlers 11:00 Connie Piano	15 10:30 SALT Presentation 10:45 Life Center BASEBALL 11:40 Elderly Outreach 12:30 Live 2B Healthy	16 9:45 Exercise Class 12:15 BINGO <i>Iowa State Fair Ends on Sunday</i>
19 8:00 Foot Clinic w/ Tim 9:45 Live 2B Healthy	20 12:30 Live 2B Healthy 12:30 Line Dancing	21 9:45 Exercise Class 10:00 NW Needlers 11:00 Connie Piano AUGUST BIRTHDAYS!	22 10:45 Life Center BASEBALL 12:30 Live 2B Healthy	23 9:45 Exercise Class 10:00 FRESH CONVERSATIONS/Abi & Brian 12:15 BINGO
26	27 12:30 Line Dancing	28 9:45 Exercise Class 10:00 NW Needlers 11:00 Connie Piano	29 Peach Pie Day 10:45 Life Center BASEBALL	30 9:45 Exercise Class 12:15 BINGO
<p>*****No Live2BHealthy this week*****</p>				

Lunch is served at 11:30 a.m., Monday through Friday. Don't be late!