


August 2019

SOUTHSIDE SENIOR CENTER ACTIVITIES – 515-287-0092

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JaNeil Long Site Supervisor Cody Evison Program Aide	Luau Party 	Coming in September: Wear your Iowa / Iowa State Colors celebrating the game!	1 9:00 Chair Yoga 10:00 Craft Class 12:30 Line Dance 12:30 T. Double Pinochle 12:30 S. Shanghai	2 8:15 Fitness Class 8:30 Biscuits & Gravy 10:15 Bingo 10:45 Fresh Conversations 12:30 T. Cribbage 12:30 S. Players Choice
5 8:15 Fitness Class 10:00 Coloring Class 12:15 T. 500 Cards 12:30 Hand & Foot 12:30 Ceramics	6 9:30 Arthritis Class 12-2 Mobile Food Pantry 12:15 T. 10 Point Pitch 12:30 S. Jailhouse Rummy 12:30 Scrapbooking	7 8:15 Fitness Class 10:30 Bingo 12:30 S. 65 12:30 Golden Thread	8 9:00 Adult Health Foot Care 10:00 Craft Class 12:30 Line Dance 12:30 T. Double Pinochle 12:30 S. Shanghai	9 8:15 Fitness Class 10:30 Bingo 12:30 T. Cribbage 12:30 S. Players Choice
12 8:15 Fitness Class 10:00 Coloring Class 12:15 T. 500 Cards 12:30 Hand & Foot 12:30 Ceramics	13 11:00 Site Council Mtg. 12:15 T. 10 Point Pitch 12:30 S. Jailhouse Rummy 12:30 Scrapbooking 12:30 Fairy Garden limit 14	14 8:15 Fitness Class 10:30 Bingo 11:30 Birthdays 12:30 S. 65 12:30 Golden Thread	15 9:00 Adult Health Foot Care 10:00 Craft Class 12:30 Line Dance 12:30 T. Double Pinochle 12:30 S. Shanghai	16 8:15 Fitness Class 10:30 Bingo 12:30 T. Cribbage 12:30 S. Players Choice
19 8:15 Fitness Class 10:00 Coloring Class 12:15 T. 500 Cards 12:30 Hand & Foot 12:30 Ceramics	20 9:30 Arthritis Class 12-2 Mobile Food Pantry 12:15 T. 10 Point Pitch 12:30 S. Jailhouse Rummy 12:30 Scrapbooking	21 8:15 Fitness Class 10:30 Bingo 11:30 Lunch Birthdays 12:30 S. 65 12:30 Golden Thread	22 9:30 Arthritis Class 10:00 Craft Class 12:30 Line Dance 12:30 T. Double Pinochle 12:30 S. Shanghai	23 8:15 Fitness Class 9:30 Luau Party 10:30 Bingo 12:30 T. Cribbage 12:30 S. Players Choice
26 10:00 Coloring Class 12:15 T. 500 Cards 12:30 Hand & Foot 12:30 Ceramics	27 9:30 Arthritis Class 12:15 T. 10 Point Pitch 12:30 S. Jailhouse Rummy 12:30 Scrapbooking	28 10:30 Bingo 12:30 S. 65 12:30 Golden Thread	29 9:30 Arthritis Class 10:00 Craft Class 12:30 Line Dance 12:30 T. Double Pinochle 12:30 S. Shanghai	30 10:30 Bingo 12:30 T. Cribbage 12:30 S. Players Choice