

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 LSI @ Central Crafts 10:15 AARP Mtg 12:15	2 Exercise Class 10:30 am Mental Health Talk 11:45
5 Exercise Class 10:30 am Nutrition Ed 11:45	6 LSI @ Central	7 Exercise Class 10:30 am	8 LSI @ Central Crafts 10:15 Jeopardy!	9 Exercise Class 10:30 am
12 Exercise Class 10:30 am Sundae Monday	13 LSI @ Central Visiting Nurse Services 8am	14 Exercise Class 10:30 am Bingo!	15 LSI @ Central Blood Pressure Checkups Crafts 10:15	16 Singstar! Exercise Class 10:30 am
19 Exercise Class 10:30 am	20 LSI @ Central Wii Bowling	21 Exercise Class 10:30 am Bingo!	22 LSI @ Central Crafts 10:15 Movie Afternoon!	23 Exercise Class 10:30 am Wheel Or Fortune 12:15
26 Exercise Class 10:30 am	27 LSI @ Central Wii Bowling	28 Bingo!	29 LSI @ Central Pigskin Kickoff Party 10:45	30 Exercise Class 10:30 am