

Monday

Tuesday

Wednesday

Thursday

Friday

AUGUST ACTIVITY CALENDAR

CROWN POINT

JOHNSTON POLK COUNTY/SENIOR CENTER

6300 Pioneer Parkway Johnston IA 50131

Call 515-251-3707 for Reservations.

Lunch served daily at 12:00 noon. Except Fridays- @ 11:45.

1

9:00 Pickleball  
Tai Chi 11:00

1:00 Game

2

9:00 Tennis  
**Health Main  
Clinic**

9:00 to 1:30

12:30 Bingo

5

9:00 Tennis  
9:30 ZumbaGold  
10:00 to 3:00  
Caring Hands of  
Johnston  
**Movie:**  
*(Following Lunch)*

6

9:00 Pickleball



Peaceful Yoga 9:15  
Adaptive Yoga 10:45  
9:30 Mah Jongg

Music Trivia 11:00

7

9:00 Tennis

10:00 Silver Sneakers

“Sew-cial” 10-3

1:00 Games

8

9:00 Pickleball

Tai Chi 11:00

1:00 Game

9

9:00 Tennis  
**Health Main  
Clinic**

9:00 to 12:30  
Guest Speaker  
Eyerly-Ball  
*(Following Lunch)*  
12:30 Bingo

12

9:00 Tennis  
9:30 ZumbaGold  
10:00 to 3:00  
Caring Hands of  
Johnston  
**Movie:**  
*(Following Lunch)*

13

9:00 Pickleball

Peaceful Yoga 9:15  
Adaptive Yoga 10:45

9:30 Mah Jongg

Music Trivia 11:00

14

9:00 Tennis

10:00 Silver Sneakers

“Sew-cial” 10-3

1:00 Games

15

9:00 Pickleball

Tai Chi 11:00

1:00 Game

16

9:00 Tennis

12:30 Bingo



19

9:00 Tennis  
9:30 ZumbaGold  
10:00 to 3:00  
Caring Hands of  
Johnston  
**Movie:**  
*(Following Lunch)*

20

9:00 Pickleball

Peaceful Yoga 9:15  
Adaptive Yoga 10:45

9:30 Mah Jongg

Music Trivia 11:00

21

9:00 Tennis

10:00 Silver Sneakers



“Sew-cial” 10-3

1:00 Games

22

9:00 Pickleball

Tai Chi 11:00

1:00 Game

23

9:00 Tennis

12:30 Bingo

26

9:00 Tennis  
9:30 ZumbaGold  
10:00 to 3:00  
Caring Hands of  
Johnston  
**Movie:**  
*(Following Lunch)*

27

9:00 Pickleball

Peaceful Yoga 9:15  
Adaptive Yoga 10:45  
9:30 Mah Jongg

Music Trivia 11:00

**VNS**  
**10:30 – 12:00**

28

9:00 Tennis

10:00 Silver Sneakers

“Sew-cial” 10-3

1:00 Games

29

9:00 Pickleball

Tai Chi 11:00

1:00 Games

30

9:00 Tennis

12:30 Bingo

OUR STATE FAIR IS A GREAT STATE FAIR! DON'T MISS IT, DON'T EVEN BE LATE!