

## PCYS MENU

### Spring/Summer Week 1

<b>Day Of Week</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>Dinner</b>	<b>Snack</b>
<b>SUNDAY</b>	Cold Cereal Coffee Cake Fresh Fruit Orange Juice Milk	Salisbury Steak Mashed Potatoes & Gravy Green Beans Mixed Fruit WW Bread Milk	Beer Battered Cod Cole Slaw Fruit Jello Corn Bread Honey Butter Fresh Fruit Milk	Ice Cream Bar
<b>MONDAY</b>	Oatmeal Cinnamon Toast Fresh Fruit Orange Juice Milk	Cheeseburger WW Bun Lettuce & Tomato French Fries Baked Beans Pears Veggie Tray Milk	Meatball Sandwich Fresh Veggies Cake Ice Cream Fresh Fruit Milk	Apple String Cheese Juice
<b>TUESDAY</b>	Pancakes Syrup Sausage Patty Fresh Fruit Orange Juice Milk	Roast Turkey Mashed Potatoes & Gravy Green Beans Fruit Cocktail WW Bread Milk	Chicken Wings Au Gratin Potatoes Mixed Vegetables Fresh Fruit Milk	Cereal Bar Milk
<b>WEDNESDAY</b>	Sausage Gravy and Biscuits Fresh Fruit Orange Juice Milk	Grilled Chix Filet WW Bun Lettuce & Tomato Sweet Potato Fries Orange Sections Milk	Chili Dogs French Fries Mandarin Oranges Veggie Tray Fresh Fruit Milk	Yogurt Graham Crackers Milk
<b>THURSDAY</b>	French Toast Syrup Fresh Fruit Orange Juice Milk	Meatloaf Baked Potato Green Beans Peaches WW Bread Milk	Sloppy Joes WW Bun Onion Rings Green Beans Veggie Tray Fresh Fruit Milk	Brownie Milk
<b>FRIDAY</b>	Scrambled Eggs WW Toast (x2) Fresh Fruit Orange Juice Milk	Beef & Noodles Mashed Potatoes Corn Pineapple Tidbits WW Bread Milk	Tuna Salad sandwich w/cheese Chips Pears Raw Carrot w/Ranch Dressing Fresh Fruit Milk	Cookie Milk
<b>SATURDAY</b>	Cold Cereal Cinnamon Toast Fresh Fruit Orange Juice Milk	Beef Tacos Lettuce & Tomato Tator Tots Corn Fresh Fruit Milk	Tenderloin w/Bun Lettuce, Tomato, Pickle Baked Beans Relish Tray Fresh Fruit Milk	Popcorn SF Punch

Last Updated: 3-12-21

\*This institution is an equal opportunity provider.

## PCYS MENU

### Spring/Summer Week 2

Day Of Week	Breakfast	Lunch	Dinner	Snack
<b>SUNDAY</b>	Cold Cereal Coffee Cake Fresh Fruit Orange Juice Milk	Breaded Cod Sandwich WW Bun French Fries Mixed Veggies Rosy Applesauce Milk	Corn Dogs Baked Beans Cottage Cheese Fruit (Cook's Choice) Veggies & Dip Fresh Fruit Milk	Ice Cream Bar
<b>MONDAY</b>	Oatmeal WW Toast Fresh Fruit Orange Juice Milk	Brat on Bun Sauerkraut Baked Beans Fruit Cocktail Relish/Veggie Tray Fresh Fruit Milk	Lasagna Lettuce Salad Breadsticks Ice Cream Fresh Fruit Milk	Apple String Cheese Juice
<b>TUESDAY</b>	Pancakes Syrup Sausage Patty Fresh Fruit Orange Juice Milk	Sliced Pork on WW Bun Cheese Slice Fajita Veggies Green Beans Sweet Potato Fries Pears Milk	Orange Chicken Rice Pineapple Tidbits Mandarin Oranges Fresh Fruit Milk	Cookies Milk
<b>WEDNESDAY</b>	Sausage Gravy and Biscuits Fresh Fruit Orange Juice Milk	Baked Chicken Mashed Potatoes WW Bread Carrot Coins Mixed Fruit Milk	Homemade Soup Cornbread Honey Butter 5 Cup Salad Veggie/Relish Tray Fresh Fruit Milk	Yogurt Graham Crackers Milk
<b>THURSDAY</b>	Waffles Syrup Sausage Patties Fresh Fruit Orange Juice Milk	Spaghetti with Meat Sauce Salad Greens WW Breadsticks Fresh Fruit Milk	Salisbury Steak Mashed Potatoes & Gravy WW Bread Corn Peach Crisp Fresh Fruit Milk	WG Corn Chips Salsa Juice
<b>FRIDAY</b>	Scrambled Eggs WW Toast (x2) Fresh Fruit Orange Juice Milk	Cold Turkey Sandwich Jello Cole Slaw Chips Fresh Fruit Milk	Taco Salad Chips Canned Fruit Pudding Fresh Fruit Milk	Cookie Milk
<b>SATURDAY</b>	Cold Cereal WW Toast Fresh Fruit Orange Juice Milk	Chicken Nuggets Honey Mustard French Fries Green Beans Mixed Fruit WW Bread Milk	Hot Dog on WW Bun Relish Tray Pasta Salad Fresh Fruit Milk	Popcorn SF Punch

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## PCYS MENU

### Spring/Summer Week 3

Day Of Week	Breakfast	Lunch	Dinner	Snack
<b>SUNDAY</b>	Cold Cereal Coffee Cake Fresh Fruit Orange Juice Milk	Ham WW Bread Mashed Potatoes & Gravy Corn Mixed Fruit Milk	Tator Tot Casserole Mandarin Oranges & Pineapple Tidbits Veggie Tray WW Bread Fresh Fruit Milk	Ice Cream Bar
<b>MONDAY</b>	Oatmeal WW Toast Fresh Fruit Orange Juice Milk	Chicken Tacos Lettuce & Tomato Tator Tots Black Beans Peaches Milk	Fajita Sandwich Potato Salad Cake Ice Cream Fresh Fruit Milk	Cereal Bar Milk
<b>TUESDAY</b>	Pancakes Syrup Sausage Patty Fresh Fruit Orange Juice Milk	Mac & Cheese Mixed Veg. Salad Greens Pears Bread Milk	Italian Sausage Sandwich French Fries Peas & Carrots Mixed Fruit WW Bread/Butter Fresh Fruit Milk	Trail Mix Juice
<b>WEDNESDAY</b>	Sausage Gravy and Biscuits Fresh Fruit Orange Juice Milk	Baked Fish Filet Brown Rice Baby Carrots Cole Slaw Pineapple Tidbits Milk	Cheeseburger on Bun Lettuce, Tomato, Onion French Fries Apple Crisp Fresh Fruit Milk	Cookie Milk
<b>THURSDAY</b>	Waffles Syrup Sausage Patties Fresh Fruit Orange Juice Milk	Baked Potato Bar Taco Meat Cheese Sauce Steamed Broccoli Fresh Fruit WW Bread Milk	Pizza Salad Pudding Fresh Fruit Milk	Royal Brownie Milk
<b>FRIDAY</b>	Scrambled Eggs WW Toast (x2) Fresh Fruit Orange Juice Milk	Chef's Salad with Chicken Bread Sticks Peaches Cottage Cheese Fresh Fruit Milk	Pulled Pork on Bun BBQ Sauce Baked Beans Mixed Fruit Carrot Sticks Fresh Fruit Milk	Apples & Cheese Sticks Milk
<b>SATURDAY</b>	Cold Cereal WW Toast Fresh Fruit Orange Juice Milk	Cavatelli Bread Sticks Salad Greens & Tomatoes Applesauce Milk	Chicken Patty Sandwich on WW Bun Corn Chips Fresh Fruit Milk	Popcorn SF Punch

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