<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
</table>
| Westside Community Center  
134 6th Street  
WDM IA 50265  
515-274-0373  
Mary Clare & Kari | ![September image] | HELLO! SEPTEMBER | ![Calendar image] | 1 |
| 5 Center will be Closed for LABOR DAY | 6 Foot Clinic  
Ceramics @ 12:15  
A Matter of Balance  
12:30-2:30  
Pick-up Games | 7 LIVE 2B HEALTHY | 8 Coloring & Conversations @ 10:00 | 2 BINGO! @ 10:30  
NO LIVE 2B HEALTHY TODAY |
| 12 Foot Clinic  
CRAFT CLASS @ 10:00  
LIVE 2B HEALTHY | 13 Everly Ball 10:00-11:00  
Ceramics @ 12:15  
A Matter of Balance  
12:30-2:30  
Pick-up Games | 14 BOOK CLUB @ 10:00  
LIVE 2B HEALTHY | 15 Fresh Conversations @ 10:00 | 3 BINGO! @ 10:30  
LIVE 2B HEALTHY |
| 19 Blood Pressure Checks  
LIVE 2B HEALTHY | 20 Ceramics @ 12:15  
A Matter of Balance  
12:30-2:30  
Pick-up Games | 21 LIVE 2B HEALTHY | 22 | 4 BINGO! @ 10:30  
LIVE 2B HEALTHY |
| 26 LIVE 2B HEALTHY | 27 Medicare Presentation @ lunch  
Ceramics @ 12:15  
A Matter of Balance  
12:30-2:30  
Pick-up Games | 28 LIVE 2B HEALTHY | 29 | 5 BINGO! @ 10:30  
LIVE 2B HEALTHY |
| | | | | 6 |

If you would like to make a reservation or have any questions, please see a Westside staff member for assistance!