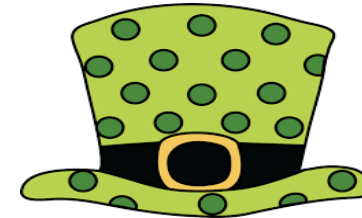




March



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Westside Community Center 134 6 th Street WDM IA 50265 515-274-0373 Mary Clare & Kari				1 BINGO @ 10:30 Live 2B Healthy @ 12:30
4 Live 2B Healthy @ 12:30	5 Foot Clinic Pick Up Games	6 Live 2B Healthy @ 12:30	7 Pool Tournament @ 12:00 Pick Up Games	8 BINGO @ 10:30 Live 2B Healthy @ 12:30
11 Foot Clinic Craft Class @ 10:00	12 Music By: Cynthia @ 11:00 Pick Up Games	13 Book Club @ 10:00 Live 2B Healthy Break Week	14 Pick Up Games	15 Happy Early St. Patrick's Day! Music By: Loose Change @ 10:30
18 Blood Pressure Checks Live 2B Healthy @ 12:30	19 Pick Up Games	20 Live 2B Healthy @ 12:30	21 Fresh Conversations @ 10:15 Generation RX Presentation @ 12:00 Pick Up Games	22 BINGO @ 10:30 Live 2B Healthy @ 12:30
25 Live 2B Healthy @ 12:30	26 Pick Up Games	27 Polk County Sherriff's Office visit @ 10:00 Live 2B Healthy @ 12:30	28 Nutrition Presentation @ 10:30 Pick Up Games	29 BINGO @ 10:30 Live 2B Healthy @ 12:30

*** **NEW LUNCH SERVING TIME:** Monday- Friday from 11:00-12:00 ***



If you would like to make a reservation or have any questions, please see a Westside staff member for assistance!

*** **Also NEW EXERCISE CLASS TIME:** Monday, Wednesday, and Fridays at 12:30! ***

