Runnells Senior Center 108 Brown ST Runnells, IA 50237



Please call by NOON
a day ahead
for reservation

(515) 966-2427

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SHNDA	1 April Fools 10:00 Men's Coffee 11:30 Lunch 12:15 Daily Activities	2 10:00 Coffee 11:30 Lunch 12:15 Daily Activities	3 10:00 Coffee 11:00 PCSO Visit 11:30 Lunch 12:15 Daily Activities	4 10:00 Coffee 11:30 Lunch 12:15 Daily Activities	5 10:00 Coffee 11:30 Lunch 12:15 Daily Activities	6
7	8 10:00 Men's Coffee 11:30 Lunch 12:15 Daily Activities	9 10:00 Coffee 11:30 Lunch 12:15 Daily Activities	10:00 Coffee 11:30 Lunch 12:15 Daily Activities	10:00 Coffee 11:30 Lunch 12:15 Daily Activities	12 Foot Clinic 10:00 Coffee 11:30 Lunch 12:15 Daily Activities	13
14	15 10:00 Men's Coffee 11:30 Lunch 12:15 Daily Activities	16 10:00 Coffee 11:30 Lunch 12:15 Daily Activities	17 10:00 Coffee 11:30 Lunch 12:15 Daily Activities	18 10:00 Coffee 11:30 Lunch 12:15 Daily Activities	19 10:00 Coffee 11:30 Lunch 12:15 Daily Activities	20
21	10:00 Men's Coffee 11:30 Lunch 12:15 Daily Activities	23 10:00 Coffee 11:00 Fresh Conversations 11:30 Lunch 12:15 Daily Activities	10:00 Coffee 11:30 Lunch 12:15 Daily Activities	25 10:00 Coffee 11:30 Lunch Blood Pressure 12:15 Daily Activities	10:00 Coffee 11:30 Lunch 12:15 Daily Activities	27
28	10:00 Men's Coffee 11:30 Lunch 12:15 Daily Activities	10:00 Coffee 11:30 Lunch 12:15 Daily Activities				