













ALTOONA MAY ACTIVITY CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ALTOONA SENIOR CENTER 6415 NE 41 st AVE ALTOONA, IA 50009 515-967-6412 NATALIE OLSON SITE CORRINATOR	SITE HOURS MONDAY-FRIDAY 9:00-3:00	11:00-12:00 Lunch Cards, Canasta, Puzzle- Anytime 	11:00-12:00 Lunch Cards, Canasta, Puzzle, Wii- Anytime <i>Instructed Exercise:</i> 10:15-10:45 (Main level with the Campus)	11:00-12:00 Lunch Cards, Canasta, Puzzle, Wii- Anytime 
11:00-12:00 Lunch Cards, Canasta, Puzzle, Wii- Anytime BINGO-CIZE @ 10:30-11:15AM 	11:00-12:00 Lunch Cards, Canasta, Puzzle, Wii- Anytime <i>Instructed Exercise:</i> 10:15-10:45 (Main level with the Campus)	11:00-12:00 Lunch Cards, Canasta, Puzzle, Wii- Anytime 	11:00-12:00 Lunch Cards, Canasta, Puzzle, Wii- Anytime BINGO-CIZE @ 10:30-11:15AM (last class)	11:00-12:00 Lunch Cards, Canasta, Puzzle, Wii- Anytime 
11:00-12:00 Lunch Cards, Canasta, Puzzle, Wii- Anytime 	11:00-12:00 Lunch Cards, Canasta, Puzzle, Wii- Anytime <i>Instructed Exercise:</i> 10:15-10:45 (Main level with the Campus)	CLOSED FOR SENIOR PICNIC @ THE FAIRGROUNDS 9:00AM-2:00PM	11:00-12:00 Lunch Cards, Canasta, Puzzle, Wii- Anytime <i>Instructed Exercise:</i> 10:15-10:45 (Main level with the Campus)	11:00-12:00 Lunch Cards, Canasta, Puzzle, Wii- Anytime BLOOD PRESSURE  
11:00-12:00 Lunch Cards, Canasta, Puzzle, Wii- Anytime 	11:00-12:00 Lunch Cards, Canasta, Puzzle, Wii- Anytime <i>Instructed Exercise:</i> 10:15-10:45 (Main level with the Campus)	11:00-12:00 Lunch Cards, Canasta, Puzzle, Wii- Anytime	11:00-12:00 Lunch Cards, Canasta, Puzzle, Wii- Anytime <i>Instructed Exercise:</i> 10:15-10:45 (Main level with the Campus)	11:00-12:00 Lunch Cards, Canasta, Puzzle, Wii- Anytime 
CLOSED FOR MEMORIAL DAY  With Honor & Gratitude We Remember	11:00-12:00 Lunch Cards, Canasta, Puzzle, Wii- Anytime <i>Instructed Exercise:</i> 10:15-10:45 (Main level with the Campus)	11:00-12:00 Lunch Cards, Canasta, Puzzle- Anytime 	11:00-12:00 Lunch Cards, Canasta, Puzzle, Wii- Anytime <i>Instructed Exercise:</i> 10:15-10:45 (Main level with the Campus)	11:00-12:00 Lunch Cards, Canasta, Puzzle, Wii- Anytime 