

## Full Circle Recovery – Grant Project Summary

Through the Opioid Settlement Grant: Supports for People with Lived Experience, Full Circle will expand peer recovery support services, including recovery coaching, through its Corrections Recovery Coaching Program (CRCP). This program will be focused on individuals with lived experience who are justice-involved in Polk County, specifically for those who are incarcerated at the Polk County Jail.

There are many benefits of peer recovery coaching, and research demonstrates that peer recovery support services have a positive impact on people with lived experience and their communities, such as decreased criminal justice involvement, reduced relapse rates, and reduced substance use. As a result of this grant program, Full Circle Recovery anticipates having an impact on reducing recidivism and helping improve the overall safety and health of those experiencing opioid use disorder as well as the residents in this community.

The goals of the project are to:

1. Increase initiation and maintenance of recovery, provide immediate interventions to save lives, and enrich the quality of life among individuals at the Polk County Jail who use opioids, have an opioid use disorder, and/or are in recovery from opioid use disorder.
2. Increase knowledge about Full Circle, its services, and recovery in general among incarcerated individuals at Polk County Jail.
3. Reduce re-arrests for substance use-related offenses by assisting with successful transitions following release from Polk County Jail and connecting incarcerated individuals with re-entry resources, community resources that help build recovery capital, and peer recovery support services at Full Circle.
4. Increase knowledge about Full Circle, its services, and recovery in general among Polk County Jail staff members through various educational opportunities and/or trainings.

Approximately 1,200 individuals will be directly impacted (receiving peer recovery support services) and an additional 1,000 will be indirectly impacted (through presentations and educational opportunities) by the end of the grant period.

To learn more about Full Circle Recovery and its peer recovery support services, visit [www.recoverfullcircle.org](http://www.recoverfullcircle.org) or call 515.783.6832. To learn more about this grant project, contact Cindy West by email at [cwest@recoverfullcircle.org](mailto:cwest@recoverfullcircle.org) or by phone at 515.783.5911.